

Pennsbury High School Marching Band

“The Long Orange Line”

**2017-2018
Handbook**

Mr. Mazzeo, Co-Director

Ms. Reilly, Co-Director

Mr. Randle, Associate Director



The Pennsbury High School Marching Band is internationally recognized as one of the premier high school Marching Bands in the United States. The Long Orange Line has an extremely rich tradition of excellence since its inception in 1949. The Long Orange Lines has performed on 5 Continents, as wells as being the only Marching Band on the planet to have performed at all 5 Disney parks. Although the tradition of the “Long Orange Line” is great, it is only maintained through the dedication, commitment, perseverance, and hard work of its latest members.

Please take the time to read the following Marching Band Handbook. If you agree with the philosophy, and if you are willing to commit to the hard work, please sign the agreement found at the end of this handbook and join us as we continue to build the tradition of the “Long Orange Line”.

Mr. Mazzeo
Director

Discipline

The Pennsbury Marching Band is an extension of school. All Pennsbury Marching Band Members will adhere to the Student Conduct Policy for all Pennsbury Marching Band activities, rehearsals and performances as well as the rules established in this handbook. Any violation of these rules could result in dismissal from the Pennsbury Marching Band. If, at anytime, the Director feels uncomfortable taking responsibility for a student, the student may be dismissed from the Pennsbury Marching Band at the discretion of the Director and it may result in a student's non-participation in other Pennsbury Co-Curricular ensembles.

Band Camp

Band camp is mandatory. Although it is entitled "band camp," this activity takes place on the Pennsbury High School Campus. **No student is permitted to leave the campus after arriving for band camp or any other marching band function unless specifically sanctioned by the Director.** Students need to bring a non-perishable lunch with them as well as sunscreen and ample drinking water. The Instrumental Music Boosters will have beverages and snacks for sale throughout band camp. Most items are \$1.00. All students are responsible for their own transportation to and from Band Camp. The following schedule will provide dates and times. If there are *any* conflict with any day of Band Camp, the student must contact Mr. Mazzeo (fmazzeo@pennsburyisd.org) **in writing** no later than Friday, June 16, 2017 **to make a request** for permission to not attend.

Band Camp Schedule 2017

Monday, August 14 → 1:00 p.m. – 8:00 p.m.
Tuesday, August 15 → 8:00 a.m. – 4:00 p.m.
Wednesday, August 16 → 8:00 a.m. – 4:00 p.m.
Thursday, August 17 → 8:00 a.m. – 4:00 p.m.
Friday, August 18 → 8:00 a.m. – 1:00 p.m.
Monday, August 21 → 1:00 p.m. – 8:00 p.m.
Tuesday, August 22 → 8:00 a.m. – 4:00 p.m.
Wednesday, August 23 → 8:00 a.m. – 4:00 p.m.
Thursday, August 24 → 8:00 a.m. – 4:00 p.m.
Friday, August 25 → 8:00 a.m. – 1:00 p.m.

Freshman Camp Schedule

There will be a freshman camp held on August 09 & 10 for all first year band members. This camp is mandatory for all first year members and officers of the Long Orange Line. Please bring your music, instrument, sunscreen, water, and a packed lunch to rehearsal.

Wednesday, August 09 – 8am-4pm
Thursday, August 10 – 8am-4pm

Seating Auditions

There is no audition for musicians to gain entry to the Pennsbury Marching Band. It is a requirement that all students participating in the Pennsbury Marching Band must be enrolled in Symphonic Winds, Concert Band, or Ninth Grade Band. We do require all students to take a “seating audition.” This audition determines which part each student will play. Students’ strengths and weaknesses are assessed, and they are placed on the part where they will be able to contribute most significantly to the band. It is very important to realize that 1st parts are less important than 2nd and 3rd parts, and the ensemble is seated accordingly. Seating auditions will usually be held **ON THE FIRST DAY OF BAND CAMP**. All required marching band music will be memorized. The PMEA All-District pieces will be used for the seating auditions as well as all marching band music and these do not have to be memorized-but it helps!

Summer Sectionals and Band Front Practices

Band section leaders will call sectional rehearsals throughout the summer to work on music; marching or band front routines and attendance will be taken. Attendance will be considered in seating auditions, solos, and next year’s officer placements. It is understood that students may be out of town. If a student is in town they should plan on attending the student-run sectionals. Summer sectionals should be viewed as mandatory if the student is not away on vacation. Band Front practices are called and conducted by students and the same policies apply. If the student is in town they should be at practice. Students that are behind in routine/music memorization work due to lack of summer practice may place their performing status in jeopardy.

Band front members will practice throughout the summer. During these summer practices, students will learn the routines to our marches, as well as the basic skills needed to function in the band front. Throughout these practices, students will be assessed, and they will ultimately be assigned to a piece of equipment on which they will specialize for the season (i.e. flag, rifle, honor guard, equipment setter.) Testing will be ongoing throughout the summer to determine what piece of equipment is best suited for the student and for the good of the band. Definitive equipment will be assigned no later than the first day of band camp!

After School Rehearsals

After school rehearsals take place from 2:30 p.m. sharp until 5:00 p.m., Monday, Tuesday, Wednesday, Thursday and Friday. After school rehearsals begin on September 1st and finish early November. Exceptions to this will be extra rehearsals needed during a trip year, parade practice for Veterans Day parade, Thanksgiving Day Parade, etc... students are expected to attend ***all*** after school rehearsals.

The Pennsbury Marching Band performs music at 160 beats per minute (one step per beat) with drill intricacies of forward, backward, oblique movements. All members of the Pennsbury Marching Band Long Orange Line are required to participate in the entire Pennsbury Marching Band rehearsal. Students who miss rehearsals or portions of a

rehearsal for any reasons may be requested at the discretion of the Director not to participate for safety reasons.

Attendance

Attendance at *all* rehearsals and performances is mandatory. Students who are present for school and absent from band will place their band membership in jeopardy. ***Unexcused absence from a rehearsal is unacceptable and will be dealt with very severely with possible dismissal from the Marching Band.*** A parental note is needed to Mr. Mazzeo to provide him with the information needed to determine whether the request for an absence will be accepted or denied. Parents, please note that the penalties for attendance infractions are **not** automatically ignored upon the receipt of a request. If a request does not contain sufficient information to be accepted, the request will be denied. In other words “John Doe will be absent today” is unacceptable.

Unexcused absence from a performance may result in immediate removal from the band.

Attendance problems for the entire season must be communicated in writing from the parents to Miss Reilly (freilly@pennsburyisd.org) prior to Friday, June 16th, 2017.

Acceptable excuses:

1. Illness of the student (with doctor’s note)
2. Death in the immediate family
3. Weddings, Bar or Bat Mitzvah in the immediate family
4. Students may be excused from a practice (*not from performance*) for college visitation with sufficient notice given to the Director with no less than 2 weeks before the requested absence.

Unacceptable excuses:

1. Work
2. Recreational travel (i.e. weekend at the shore, family trips, concerts, sporting events)
3. Visiting siblings in college (this includes moving them in to their dorms, etc.)
4. Driving lessons
5. Celebrations (i.e. birthday parties, anniversary parties, family picnics, etc.)
6. Private lessons; students are strongly encouraged to study privately, but **not** during a marching band rehearsal.

Missed Rehearsal Procedure

UNEXCUSED ABSENCES ALWAYS RESULT IN DISCIPLINARY ACTION. ABSENCES ARE ONLY APPROVED PRIOR TO THE MISSED REHEARSAL.

1. If your name is on the absentee bulletin, you are excused.
2. If you sign in late, you must be at practice.
3. If you sign out of school early, or go home ill when school ends, please have your parents call Miss Reilly at (215) 949-6700 x 70877 ***before*** rehearsal, which begins promptly at 2:30 p.m. Students should not call “Officers” to relay messages to staff and this will be an unexcused absence.
4. **If you have a conflict in school (missed class work, detention, etc.), it is *your* responsibility to inform Miss Reilly *before* the date in question. Students remaining for class work must bring a pass from that teacher, noting the time the student left the classroom, after the conflict has been approved by Miss Reilly.**
5. **Officers are not permitted to excuse anyone.**

The minimum penalty for an unexcused missed rehearsal is removal from a performance. The maximum penalty for an unexcused missed rehearsal is removal from the Marching Band.

Performance Schedule

Sept. 1	Football Game (H) Pennwood 7:00pm, officer pinning ceremony 6:00pm
Sept. 8	Football Game (H) North Penn HS 7:00pm
Sept. 15	Football Game (A) William Tennent 7:00pm
Sept. 23	Football Game (H) Council Rock North 1pm
Sept. 28	Football Game (A) Bensalem 7:00pm
Oct. 1	Pulaski Day Parade, Philadelphia
Oct. 6	Football Game (A) Truman HS 7pm
Oct. 7	Competition
Oct. 13	Football Game (H) Council Rock South 7:00pm, Homecoming, Be Our Guest
Oct. 14	Competition
Oct. 20	Football Game (A) Abington 7:00pm
Oct. 21	Competition
Oct. 27	Football Game (H) Neshaminy 7:00pm, Senior Recognition
Nov. 4	Pennsbury 17 th Annual Marching Band Competition
Nov. 5	Competition
Nov. 12	LMT Veterans Parade.
Nov. 23	Thanksgiving Day Parade
Dec. 1	West Chester Old Fashioned Christmas Parade
Dec. 2	Yardley Christmas Parade
Dec. 18	Tournament of Roses Rehearsal 2:30-5:00pm
Dec. 19	Tournament of Roses Rehearsal 2:30-5:00pm
Dec. 20	Tournament of Roses Rehearsal 2:30-5:00pm
Dec. 21	Tournament of Roses Rehearsal 2:30-5:00pm
Dec. 22	Tournament of Roses Rehearsal 2:30-5:00pm
Dec. 23	Tournament of Roses Rehearsal and Trailer Load Out 9:30am-12:00 noon
Dec. 26	Tournament of Roses Farewell Performance 11:00am Report Time 9:20am
Dec.27	Tournament of Roses California Tour
Dec.28	Tournament of Roses California Tour
Dec.29	Tournament of Roses California Tour
Dec.30	Tournament of Roses California Tour
Dec.31	Tournament of Roses California Tour
Jan. 1	Tournament of Roses California Tour
Jan. 2	Tournament of Roses California Tour
May 26	Memorial Day Parade Tullytown
May 27	Memorial Day Parade: Fallsington
May 28	Memorial Day Parade: Yardley

Please be aware that this schedule is subject to change.

Please note:

Friday home games most likely will include a practice after school. Students have a dinner break, and they may be allowed to go to Burger King, 7-Eleven or visit the visitor's concessions and support their own cause with Chick-Fil-A and great hoagies during the

break. The Pennsbury Marching Band “Long Orange Line” supports the Pennsbury Football team and when the football team makes the playoff’s additional football game (s) performances will be added to the schedule and all students will be expected to attend those games and rehearsals.

There is usually an extended rehearsal or a Saturday rehearsal at some point during the week of a band festival/competition. You will be notified by the Wednesday prior to the festival.

Everyone must attend the Memorial Day Parades and the practices that take place before them. Students who miss the Spring portion of the Marching Band commitment will *not* be recorded as a member of the band for that year, and they will *not* receive their annual awards.

Rehearsal Dress Code

Again, the Pennsbury Marching Band is an extension of the school day, and school rules apply to band rehearsals also.

Only sneakers or laced shoes are permitted. **No open heels (sandals and opened heel clogs included) or open toed shoes are allowed.** This applies to all rehearsals, band camp, and summer band front practices. No shirts or tops that allow Midriff area to show.

Band members are required to practice in attire that fits appropriately for the activity. If a student’s clothing choices hamper their ability to perform, or jeopardize their safety on the practice field, they will be pulled from the rehearsal, and assessed a “missed rehearsal,” along with the consequences that apply to that offense. The most common problems are:

1. Sandals, clogs, or flip-flops.
2. Pants or shorts that are too loose to march (one cannot perform with one hand on their instrument and one hand holding up trousers).
3. Clothing is too tight, or skirts or shorts are too short for marching.
4. Shirts or Tops allowing midriff to show while practicing with equipment!

It is very wise to keep a pair of old sneakers, and perhaps a raincoat, in your locker throughout the season. For students who tend to dress in a manner other than described above, it would be wise to keep a set of “practice clothes” in their locker.

The Pennsbury Marching Band is an **outdoor** activity. The band will rehearse in the rain, provided there is no lightning. The band will also rehearse in hot and cold weather. Students are expected to monitor weather forecasts and have proper attire for outdoor rehearsal every day.

Uniform Fittings

All students will be fitted for uniforms. The students will be fitted during the first four days of band camp in this order:

Grade 12	Monday	August 14
Grade 11	Tuesday	August 15
Grade 10	Wednesday	August 16
Grade 9	Thursday	August 17

Shoe fittings

Shoe fittings will also take place during band camp. Students will be fitted for shoes by our uniform booster parents and or a shoe salesman representative, and students will receive their shoes prior to our first performance. Shoes will be less than \$40.00 a pair. Please remember that you need to purchase a black pair of shoes and a white pair. The exact amount of the shoes will be provided during band camp. Students should bring “performance” socks that they intend to use when fitting shoes for proper sizing. It is recommended that the socks should have considerable padding in the “balls of the foot & heel areas”.

Equipment use

The students of the Pennsbury Marching Band have the opportunity to use a lot of expensive equipment, instruments, and uniforms. Any damage that occurs to a piece of equipment that is more extensive than normal wear-and-tear as determined by the Director or staff will be charged to the individual in the form of a student obligation. Equipment is defined as any piece of property of the Pennsbury School District that is in use by a student – this includes uniforms. Uniforms may only be adjusted in the following ways with temporary stitching: sleeves hemmed, pants, hemmed. Any deviation or irreversible adjustments made to the uniform will result in a student obligation for the entire replacement cost of the uniform. In the event that an item that is not assigned to a specific student is lost, the entire section will share the cost of the replacement equally. Repairs to school owned instruments will be arranged through the school district only.

Concert Band/Lessons

All playing members of the Marching Band are required to register for the appropriate curricular instrumental ensemble: Ninth Grade Band, Concert Band, and Symphonic Winds and attend the required amount of lessons per quarter. Failure to do so may result in dismissal from the Pennsbury Marching Band.

Parent Pickup

If students are granted an early dismissal from a marching band activity, only parents of the student are allowed to take home their child unless a note is sent to Mr. Mazzeo 1 week prior to the dismissal request with the name of the driver. All equipment as well as the uniform may be required to be transported by the parent as well. Please note that the parent must be seen by Mr. Mazzeo, or faculty members before leaving with the students. Under no circumstances do the parents arrive and take their child away without informing the Faculty Directors.

Awards

All awards are based on a number of criteria including but not limited to:

1. Attendance at rehearsals and performances.
2. Cooperation, conduct, and punctuality.
3. Successfully learning music and routines to the best of a student's ability.
4. Successful completion of the annual concert band/lesson requirement.
5. Abiding by all of the rules of this handbook and student conduct policy.

Students failing to meet these criteria will have their awards withheld to a later date. If the infractions are serious enough, the student could be removed from the activity.

Band Jacket

After completing one full year* as a member of the marching band, a member will be awarded a band jacket at the Spring Banquet.

Graduation Date Numeral

After completing two full years* as a member of the marching band, a member will be awarded the number at the Spring Banquet.

Varsity Letter

After completing three full years* as a member of the marching band, a member will be presented a varsity letter at the Spring Banquet.

Pewter Plate

After completing four full years* as a member of the marching band, a member will be presented an engraved pewter plate at the Spring Banquet.

*A full year includes *all* band and band front activities up to and including Memorial Day. Students will be informed in writing if they have not fulfilled the criteria for their yearly award.

Band Proper Uniform Code

Students who fail to comply with the following rules will not be permitted to perform with the band. Any damaged uniform part is the responsibility of the student, and may result in a student obligation.

Band Members:

1. Black socks must be worn with the black uniform and white socks will be worn with the white uniform.
2. Only a *plain white* t-shirt and *plain white* shorts will be worn under your uniform. A natural or tan colored pair of shorts is unacceptable. These items must be *without*

printed designs. The t-shirt must have half sleeves, and it must be low enough at the neckline to remain unseen at the jacket collar.

3. Thermal underwear should be worn in cold weather. These should also be white. ***No blue jeans, prints, or colors will be allowed.***
4. Shoes are to be cleaned each week. See section entitled **Footwear Maintenance** for instructions.
5. Both black and white gloves will need to be purchased for the marching band season. The white gloves will be worn when wearing white pants and the black gloves will be worn when wearing black pants. Both black and white gloves can be purchased from the uniform person. Gloves should have your name or initials inside.
6. No jewelry will be worn with uniforms. This includes rings, earrings, watches, bracelets, necklaces, nose rings, piercings, exposed tattoos, etc.
7. No colored nail polish.
8. Only appropriate amounts of eye makeup are permitted, and the definition of appropriate is at the discretion of the Director.
9. No sunglasses.
10. No hats or bandanas.
11. Anyone losing a band hat or plume will pay for the cost of replacement.
12. Black stretch ski bands will be worn under band hats for cold weather. These ski bands can be purchased at Wal-Mart.

Hair Policy:

Females:

1. Hair must be in a bun on top of your head.
2. Loose hair ***must*** be sprayed and pinned up with bobby pins or clips.
3. Hair must not be seen through the front or sides of your hat; no hair may be sticking out of your hat.

Males:

1. Hair must be appropriate for a military style appearance and clean shaven.
2. Short, neatly trimmed hair is required.
3. Hair must not be seen through the front or sides of your hat; no hair may be sticking out of your hat or on the color of the band jacket.

Poor Weather and Rain Adjustments

The Pennsbury Marching Band is an **outdoor** activity. The band will perform in the rain, provided there is no lightning. The band will also rehearse in hot and cold weather. Students are expected to monitor weather forecasts and have proper attire for outdoor performances. If there are rain conditions and the Band is performing the following attire is required:

1. Denim Blue Jeans with no holes, rips, writing or designer stitching.
2. Black Socks
3. Black Dinkles
4. Black Belt if necessary.

5. White T-Shirt or White Pennsbury Band Shirt

6. Black Gloves

Cold Weather adjustments

1. Hand warmers and foot warmers may be used during excessively cold weather.
2. Thermal underwear may be worn during excessively cold weather.
3. Percussion may use gloves if they are uniform (the same) and approved by the director.

Band Front Uniform Code

Students who fail to comply with the following rules will not be permitted to perform with the band. Any damaged uniform part is the responsibility of the student, and, if necessary, this will result in a student obligation.

Band Front Members:

1. Black socks must be worn with your uniform at all times.
2. Black body suit (female) or black “Under Armor” long sleeved shirt (male) and black spandex shorts or boxers must be worn under your uniform. These items must be *without* printed designs or logos.
3. Black thermal underwear is permitted in cold weather. *No blue jeans, prints, or colors will be allowed.*
4. Shoes are to be cleaned each week. See section entitled **Footwear Maintenance** for instructions.
5. Two Pair of Black (Grippie) gloves will be purchased through the band front staff or uniform chairperson. Rifle students wear fingerless gloves with padded palms, designed specifically for band front use. Honor Guard & Saber members wear Leather gloves that will be purchased during the summer thru the staff. Everyone must have 2 pair of gloves at all times. Prices will be given shortly. Gloves should have your name or initials inside.
6. No jewelry will be worn with uniforms. This includes rings, earrings, watches, bracelets, necklaces, nose rings, piercings, exposed tattoos, etc.
7. No colored nail polish.
8. Only appropriate amounts of eye makeup and lip-gloss are permitted and the definition of appropriate is at the discretion of the Directors.
9. No sunglasses.
10. No hats or bandanas.
11. Black stretch ski bands will be worn under band hats for cold weather. These ski bands can be purchased at Wal-Mart.

Hair Policy:

Females:

1. All female members of the band front, who will be wearing hats, will wear their hair in buns. This includes both males and females in the honor guard.
2. Flags and Equipment setters will wear their hair in a bun.
3. If your hair is too short, it will be pinned up or gelled.

4. **All members are to be ready to begin at “reporting time” with hair prepared.**
5. Members who do not abide by this will be removed from the performance.
6. Repeated difficulties will result in removal from the activity.

Males:

1. Hair must be appropriate for a military style appearance and clean shaven.
2. Short, neatly trimmed hair is required.
3. Hair must not be on the collar of the band jacket.

Poor Weather and Rain Adjustments

The Pennsbury Marching Band is an **outdoor** activity. The band will perform in the rain, provided there is no lightning. The band will also rehearse in hot and cold weather. Students are expected to monitor weather forecasts and have proper attire for outdoor performances. If there are rain conditions and the Band is performing the following attire is required:

1. Denim Blue Jeans with no holes, rips, writing or designer stitching.
2. Black Socks
3. Black Dinkles
4. Black Belt if necessary.
5. White T-Shirt or White Pennsbury Band Shirt
6. Black Gloves

Cold Weather adjustments

1. Hand warmers and foot warmers may be used during excessively cold weather.
2. Black thermal underwear may be worn during excessively cold weather.

Footwear Maintenance

Shoes: Use Vaseline or a vinyl or patent leather cleaner, then rub or spray on shoes, then wipe off. This should be done after *every* performance. Use a cotton swab or an old toothbrush to get in crevices. Do NOT use Windex or glass cleaner! It can dry out the material and cause cracking. Always leave your laces and tongues of shoes wide open to promote thorough drying after each use. Waterproof inside and out with a spray for patent or vinyl leathers before wearing. Re-treat after each wet weather performance. Do not use silicone products as they cause discoloration. All products used on your shoes must state that they are safe for use on vinyl!

Caring for wet footwear:

Never leave any wet items in bags (garment or other) or boxes!

1. Dry shoes immediately with a hair dryer on a cool setting.
2. Remove laces and leave tongues fully open.

If mildew occurs, follow the following procedure:

1. Cut a lemon into four equal sections.
2. Coat the lemon wedges with salt. (Use coarse salt if available)
3. Rub coated lemon wedges over mildewed areas. Squeeze some juice while rubbing. Briefly placing wedges in a microwave will release more juice.
4. Scrub vigorously!
5. Brush out as much of the salt as possible.

6. Dry thoroughly with a hair dryer. Set at a cool temperature and high air speed.
7. Pour baking soda into shoes. Leave the baking soda in the footwear for as long as possible.
8. Pour the baking soda from the shoes then vacuum out the excess baking soda.
9. If an odor still lingers, put charcoal in the shoes and store them in a closed box or sealed bag (if shoes are fully dried.) Charcoal filters packaged in a bag for an aquarium work best. Charcoal briquettes can be used by placing them in a handkerchief or a sock. Leave for as long as necessary.

Parent Section

The following section is intended to help parents prepare for some of the most common situations that occur during a marching band season.

Concerns

There is a protocol for expressing concern about marching band. Please follow the steps below:

1. Make an appointment with Miss Reilly via phone (215) 949-6700 x70877 or you may e-mail her at freilly@pennsburysd.org.
2. Should you feel the need to address the issue further make an appointment with Mr. Mazzeo via phone 215-949-6700 x70874 or you can e-mail him at fmazzeo@pennsburysd.org. Please note that the staff will **not** be able to address concerns before, after, or during a rehearsal or performance. Do not call Mr. Mazzeo's personal cell phone or use his personal e-mail address.
3. Should you feel the need to address the issue further; all concerns should be addressed to the principal, Mr. Reggie Meadows at Pennsbury High School.

Preparation for practice and performance days

Water and food breaks are scheduled with the assumption that all students arrive well fed and hydrated. In the majority of cases of weakness, the medical staff determines that the student failed to eat or drink properly before the event. Please be certain that everyone arrives having recently consumed no less than one gallon of water. This is most important in warmer weather.

Another frequent problem is lack of rest. Students are expected to arrive rested and ready to work. It is highly irresponsible to schedule a sleep-over or party the night before a performance or a long rehearsal. Please deny students permission to participate in late night activities that could have a negative effect on the entire band. Social events are encouraged on nights that do not precede a band event.

Schedule flexibility

It is very safe to assume that any published schedule for a day's events may be changed. Please do not make major plans for a half-hour lunch break. In all likelihood the break will

occur before or after the exact published time. Hot meals are nearly impossible to time for a dinner break.

Sensible foods

In addition to avoiding a delivered hot meal, students should avoid foods that contain products that will easily spoil. Tuna and egg salad, for example, do not keep well during band camp. Mayonnaise generally does not keep well enough for band camp sandwiches.

Water bottle

Students *must* have a large water jug with them for band camp. This jug will be left on the sidelines and frequent water breaks will be given. Water containers should be labeled with the student's name. Again, please note that water breaks do *not* take the place of coming properly hydrated to band camp.

HELPFUL & HEALTHY INFO FOR ALL BAND MEMBERS!

1. Do not eat less than 2 Hours before Practice or a Performance if at all possible.
2. Drink PLENTY of water during practices especially during the summer.
3. Do Not bring anything with Mayo for Sandwiches in heat even in a cooler! **Do NOT eat or drink dairy products before practice!** Avoid Soda if possible especially after performances. Eat Healthy & Sensibly! Bring plenty of water & don't eat heavily before coming to practice! Oranges, apples, grapes or any fruit are great for Sugar/energy or Energy Bars!
4. **Do wear SUNSCREEN**, which is Non –Greasy & sweat proof for “Sports” & strictly for the face if/when applying to your face or it will come down in your eyes & sting when sweating. Bring extra! Apply at least 30 minutes before coming to band camp. Hats are ok as long as they are secure & don't interfere with routine work for practice. Keep your hair pulled back & out of your face!
5. Try to avoid “Strong or Scented Products” as they will attract bees, as does colorful clothing! Wear Light colors, to help with the heat!

The Long Orange Line



Please print student's full name legibly: _____

The Pennsbury Marching Band is rich in tradition. Tradition *only* happens when the next generation, or in this case, year, assumes the responsibility, and above all, the work ethic, to maintain and hopefully exceed the standards set by the previous year's members.

I have read the 2017-2018 Marching Band Handbook. I accept the terms and conditions, and I want to be in the Pennsbury Marching Band. I will abide by all rules, regulations, and I will follow directions set forth by Mr. Mazzeo, the entire staff, chaperones, and officers.

Student signature

Today's date

Parent signature

Today's date

**PENNSBURY BANDS
PHOTO, VIDEO and RECORDING PERMISSION**

Photographs, videos and recordings are made of performances and activities. We are requesting your permission to take pictures, make audio and video recordings of your child(ren) which may be used on our website , in local papers, for archival purposes or for television at the discretion of the Director.

I give permission for my child to be recorded or photographed.

PARENT'S SIGNATURE

PLEASE PRINT FAMILY NAME

DATE
